

Phobe Brooke

skin clinic + spa

TREATMENT MENU



# WELCOME TO PHOBE BROOKE SKIN CLINIC + SPA

WE HAVE ALL YOUR NEEDS COVERED WHETHER IT BE PAMPERING, PROBLEMATIC SKIN CONDITIONS, TEMPORARY AND PERMANENT HAIR REMOVAL OR EVEN COSMETIC INJECTABLES, WE HAVE IT. ALL OF OUR THERAPIST ARE FULLY QUALIFIED AND HAVE YEARS OF EXPERIENCE IN THE INDUSTRY.

WE USE ONLY THE HIGHEST QUALITY PRODUCTS DURING OUR TREATMENTS AND ALSO THE LATEST TECHNOLOGY IN ALL OF OUR EQUIPMENT.

*Phobe Brooke*  
skin clinic + spa





# SPA ETIQUETTE

## BOOKING YOUR APPOINTMENT

Appointments can be made by phoning us on 8087 3060 or by sending us a message via our Facebook page.

## WHAT DO I WEAR DURING MY TREATMENT?

Disposable underwear & bathrobes are provided for treatments when necessary. Our therapists will always use draping techniques.

## WHEN TO ARRIVE?

We recommend you arrive at least 15 minutes prior to your treatment to allow time for you to change and complete a consultation form.

## WHAT IF I'M LATE FOR MY APPOINTMENT?

Arriving late will limit the time of your treatments. Your treatments will end on time so that the next guest is not delayed. Please arrive 15 minutes before your appointment.

## CANCELLATION POLICY

We understand that sometimes it is necessary for you to change your schedule. However, your booking time is totally allocated for you and no-one else. So out of consideration for our therapists who are here just for your treatment and for other clients who have missed a booking in your allocated time slot, we kindly ask you to provide a minimum of 48 hours notice if you wish to change or cancel an appointment so we can book another appointment in its place.

## MEDICAL CONDITIONS

Please inform your spa receptionist and spa therapist of any health concerns that you may have when making your booking and when completing your client card. Facials & other treatments may not be performed to avoid infection. Our expert therapists can correctly advise on special conditions.

## PREGNANCY

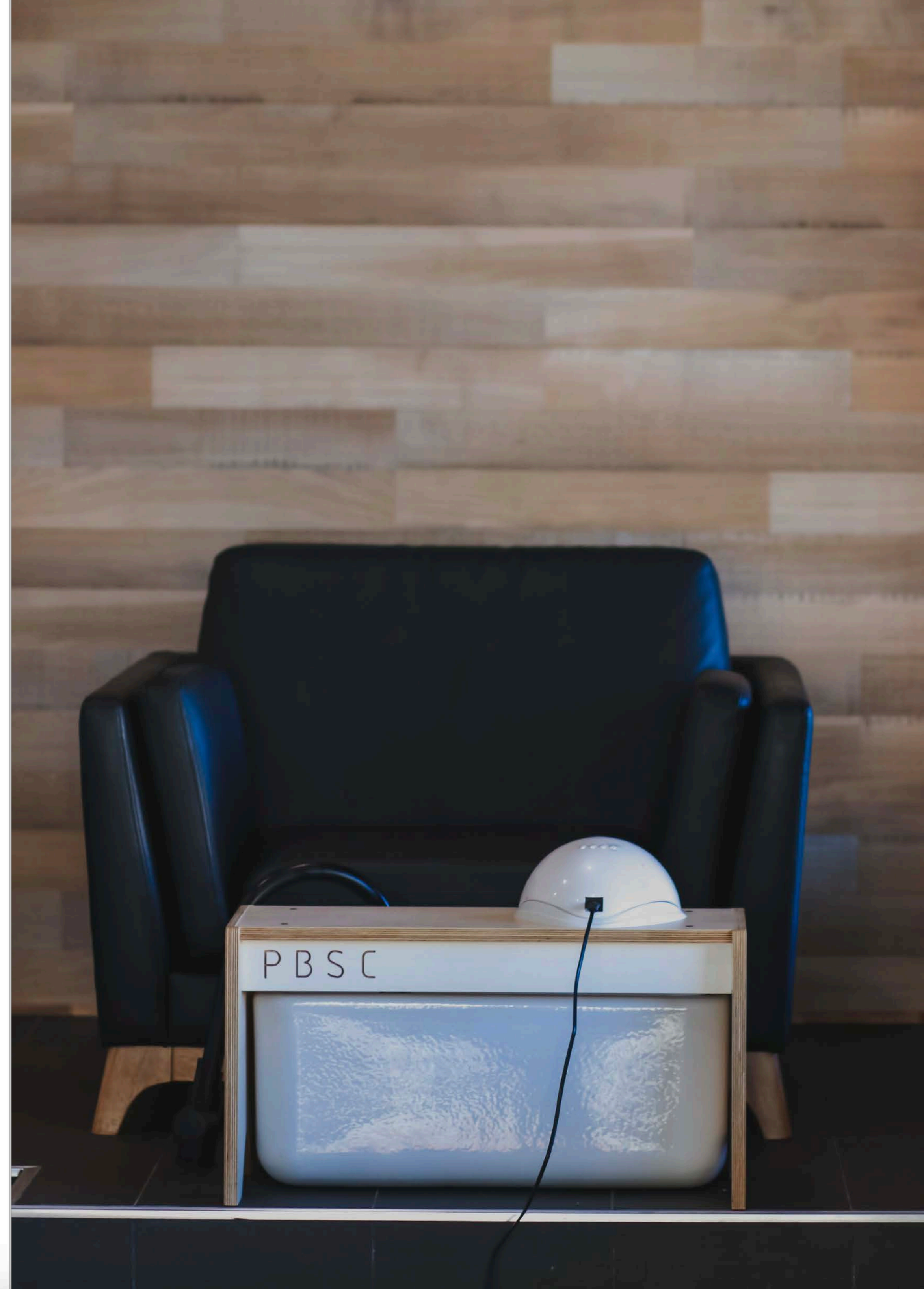
We recommend that you wait until your second trimester to enjoy massage and body therapies and there will be some spa therapies that you will not be able to experience during your pregnancy, however you can relax and enjoy skin therapies and hand and foot therapies at any time during your pregnancy. Please inform reception upon your time of booking regarding your pregnancy. We are happy to advise you on suitable treatments for you during this special time.

## GIFT VOUCHERS

Gift vouchers are also available for any occasion, so why not share the experience of Phobe Brooke Skin Clinic + Spa with a personalised gift voucher, wonderful for family, friends and employees. It's a great way to reward staff for recognition of their achievements, offering staff incentives or for a corporate gift or prize at your next work function. Our gift vouchers are valid for 3 years, Monday-Saturday and are available to purchase in store or by telephone & can be posted to you.

Prices are subject to change. Prices can change without notice so please confirm price of treatment at time of booking and also refer to our Facebook page for most current prices

\*Treatments and prices current as of November 2021





# PARAMEDICAL SKIN TREATMENTS

SKIN CONSULTATION | \$50 (REDEEMABLE ON OMK PRODUCTS) | 30MINS

Wanting to improve your skin, but not sure where to start? Book in with one of our skin therapists and we can assess your skin conditions or concerns and tailor a program just for you.

DMK FACIAL | \$130 | 1 HR \$ 130

Our signature DMK facial starts off with your therapist analysing your skin to choose the best DMK products to use for your treatment. This facial includes cleanse, toxin removal, exfoliation, mask, facial and neck massage and finished off with an infusion of DMK paramedical products.

Indulge yourself in a pamper whilst also receiving the benefits of a paramedical treatment.

ALKALINE HALF FACE | \$90 | 45 MINS

Alkaline is a painless hair removal solution for fine fluffy facial hair, with continued treatments alkaline reduces hair growth.

MICRODERMABRASION | \$115 | 30 MINS

Microdermabrasion uses the manual removal technique, microdermabrasion reduces the appearance of scarring, enlarged pores, fine lines, lightens pigmentation. Our microdermabrasion facial includes cleanse, toxin removal, light exfoliation, in depth microdermabrasion treatment and is finished off with an infusion of DMK products suited to your skin.

ENZYME THERAPY | \$185 1HR 15 MIN

Restores skin to its peak condition. (No pre exfoliation)

DMK is the only company in the World to utilise the beneficial effects of transfer messenger enzymes. Enzymes are living substances that regulate health and work with certain minerals in the body to form a natural system of antioxidants that fight corrosive free radicals. Properly formulated, they can remove dead protein, toxins and other effluvia from the epidermis using a process called 'reverse osmosis'. Where some cosmetic facial treatments may only act on the surface of the skin, DMK enzyme treatments work with the skin. The enzymes aim to strengthen the structural integrity of the skin to create a healthy environment for cells to live and thrive in.

Enzyme therapy exercises facial muscles and works to leave the skin feeling firm.

PRO ALPHA TREATMENT | \$245 | 1 HR 30MINS

Using a combination of alpha hydroxy acids this treatment smoothes fine lines and wrinkles, helps to lighten pigmentation and increase dermal hydration, leaving skin smooth, bright and hydrated. Includes enzyme treatment.

QUICK PEEL TREATMENT | \$245 | 1HR 30 MINS

A gentle peel for sensitive reactive skin. Quick peel uses a pseudo heat to increase circulation therefore increasing oxygenation and nutrient supply to the tissue. Ideal for inflamed acne, sluggish skin, rosacea or fragile capillaries as it is anti-bacterial and healing. Includes enzyme treatment.





**PROZYME TREATMENT | \$245 | 1 HR 45MINS**

A deep resurfacing treatment that dissolves dead skin build up and refines thickened oily congested skin with open pores. Prozyme smoothes deep wrinkles and brightens a dull flat lifeless skin. Includes enzyme treatment.

**INSTANT LIFT | \$265 | 1HR 30MINS**

Refresh and revive your skin for a special occasion. The instant lift, instantly tightens and lifts the skin leaving a fresh, smooth, bouncy, youthful complexion. Includes enzyme treatment.

**MUSCLE BANDING | \$245 | 1 HR 30MINS**

Designed to lift and tighten tired, sagging skin. Muscle banding causes a deep contraction and stimulation of the facial muscles, increases collagen production and tones the face and neck. Includes enzyme treatment.

**BIHAKU | \$265 | 1 HR 30MINS**

A treatment designed to enhance the brightness of the complexion. Plumps and hydrates the skin, leaving it luminous and glowing. Includes enzyme treatment.

**HYDRADERMAZE | \$270 | 2HRS**

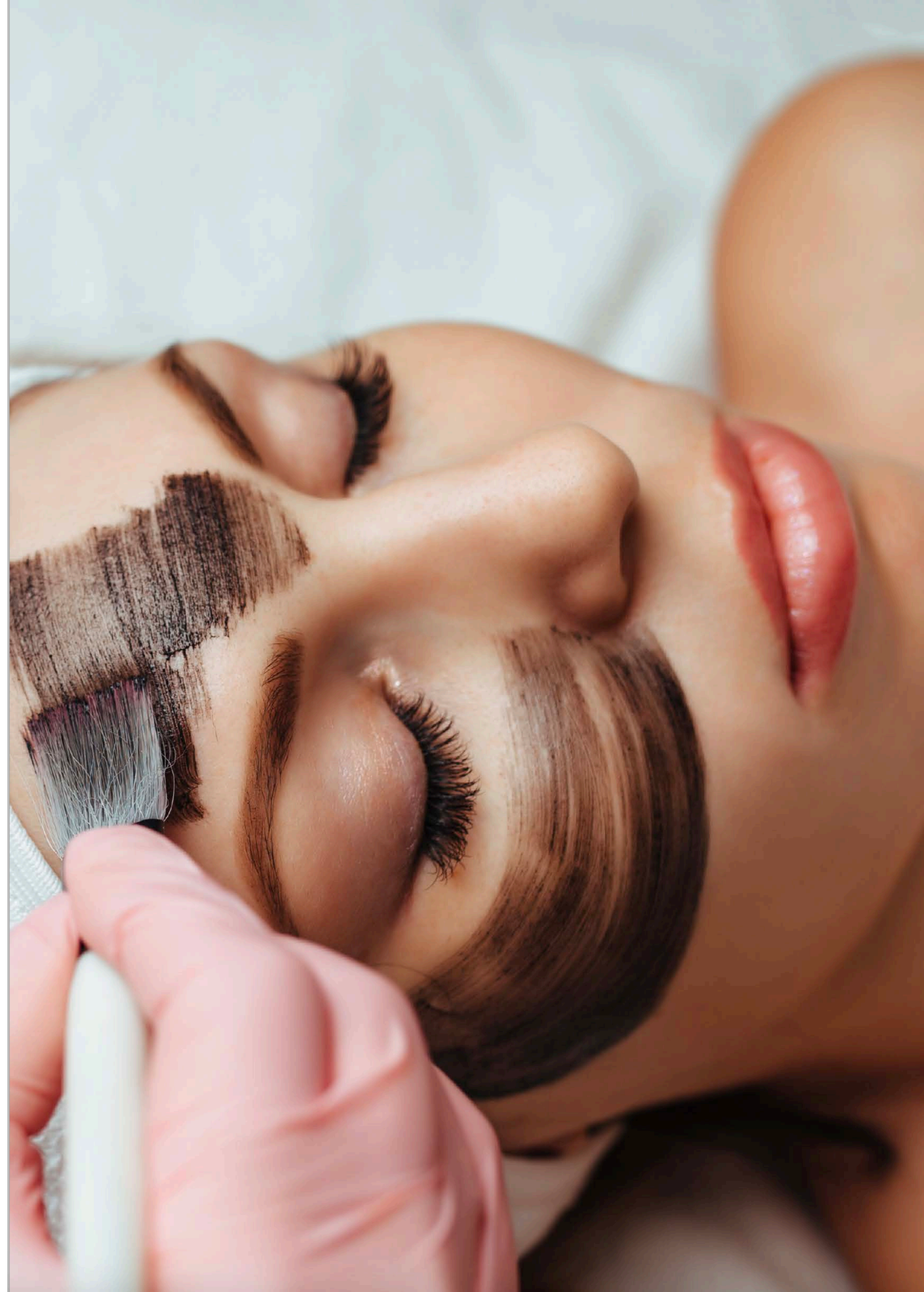
This advanced treatment will ingest dead skin build up, eliminate acne and clear congestion. Hydradermaze smoothes the skin. Say goodbye to rough, bumpy skin. Includes enzyme treatment.

**SIX LAYER PEEL | POA**

This is a specialised treatment which requires consultation. Six layer peel is an effective resurfacing procedure for those wanting dramatic results. This treatment removes dead skin cells, instigates collagen development, reduces wrinkles, light scarring and uneven skin tones. The strength of the formulation is tailored by your therapist to suit your skin condition. The treatments include 2 days of pro alpha applications, 2 lift off treatments and home care products to maximise results.

**A-LIFT | POA**

12 week program with payment options available. This is a specialised treatment which requires consultation. A-lift is a pain free 12 Week program with no down time. It removes dead skin, stimulates collagen and elastin and dramatically lifts, tightens and tones the skin. Treatments are performed once per week using transdermally delivered formulations that work with the skins function to remind them to perform as they did when you were young.





# CHINA DOLL FACIAL

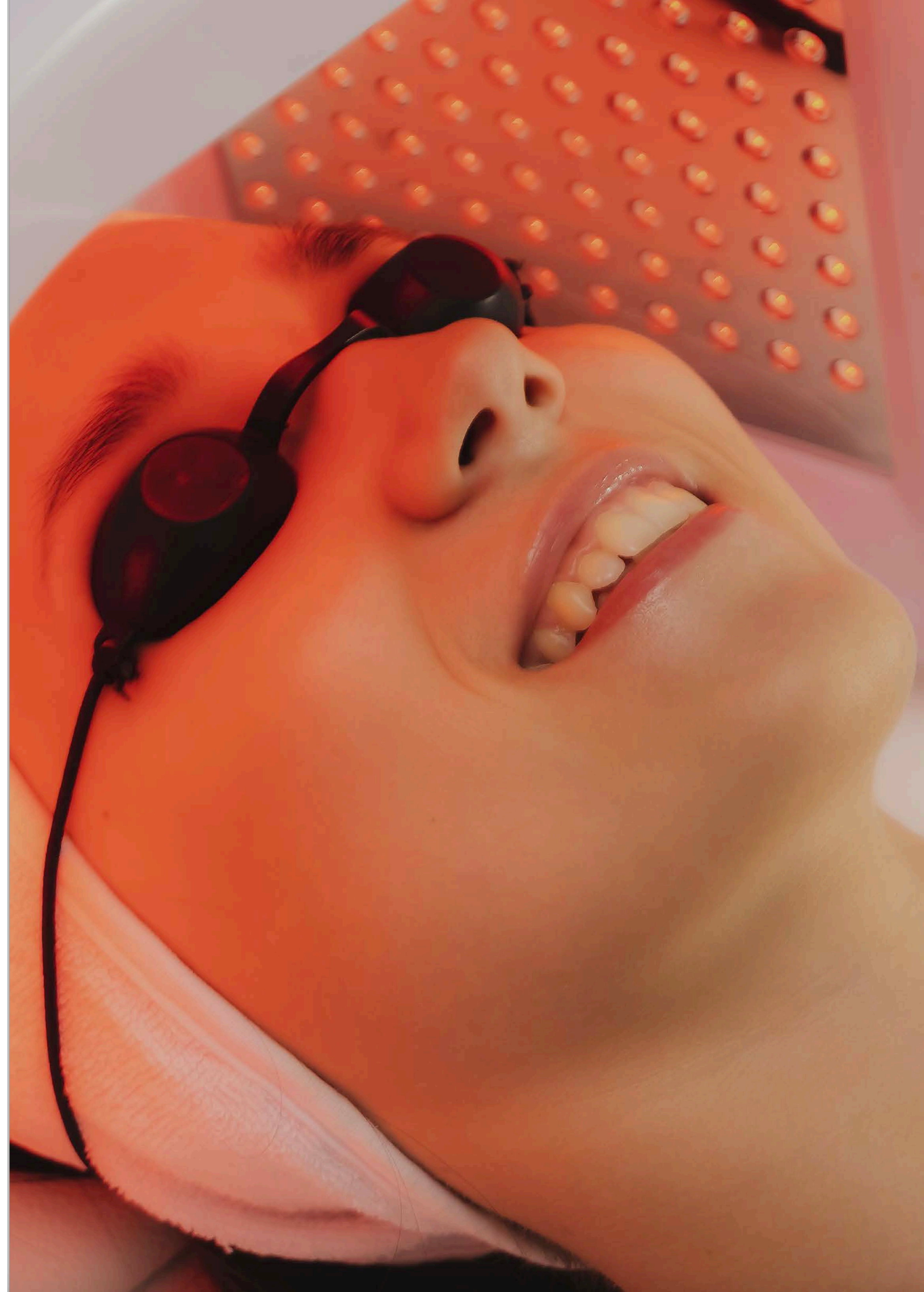
FULL FACE \$199 | FULL FACE & NECK \$249 | FULL FACE, NECK & DECOLLATE \$299

The China doll facial uses our gentle state of the art q-switched laser combined with medical grade carbon serum to create a clear, porcelain doll like complexion. It improves skin texture and tone, reduces oiliness, reduces the appearance of large pores, removes blackheads, deeply cleanses pores and stimulates collagen and elastin, leaving your skin glowing and silky smooth.

# OMNILUX

ADDOMNILUX TO ANY FACIAL \$50 | OMNILUX FACIAL \$90 |  
OMNILUX FACIAL PACKAGE OF 8 \$600

Omnilux is a non surgical light therapy treatment that uses pure light to help stimulate your skins natural collagen production. the treatment promotes a firmer, plumper, hydrated and glowing complexion, With out pain, trauma or downtime. Omnilux improves Wrinkles, fine lines, redness, stimulates collagen and elastin, improves acne, improves hydration, sagging skin enlarged pores and uneven skin tone. Omnilux has years of proven medical research and is commonly used by skin specialist, dermatologist and plastic surgeons around the globe.



# LIRA CLINICAL TREATMENTS

## LIRA PRECISE PEELS | from \$149

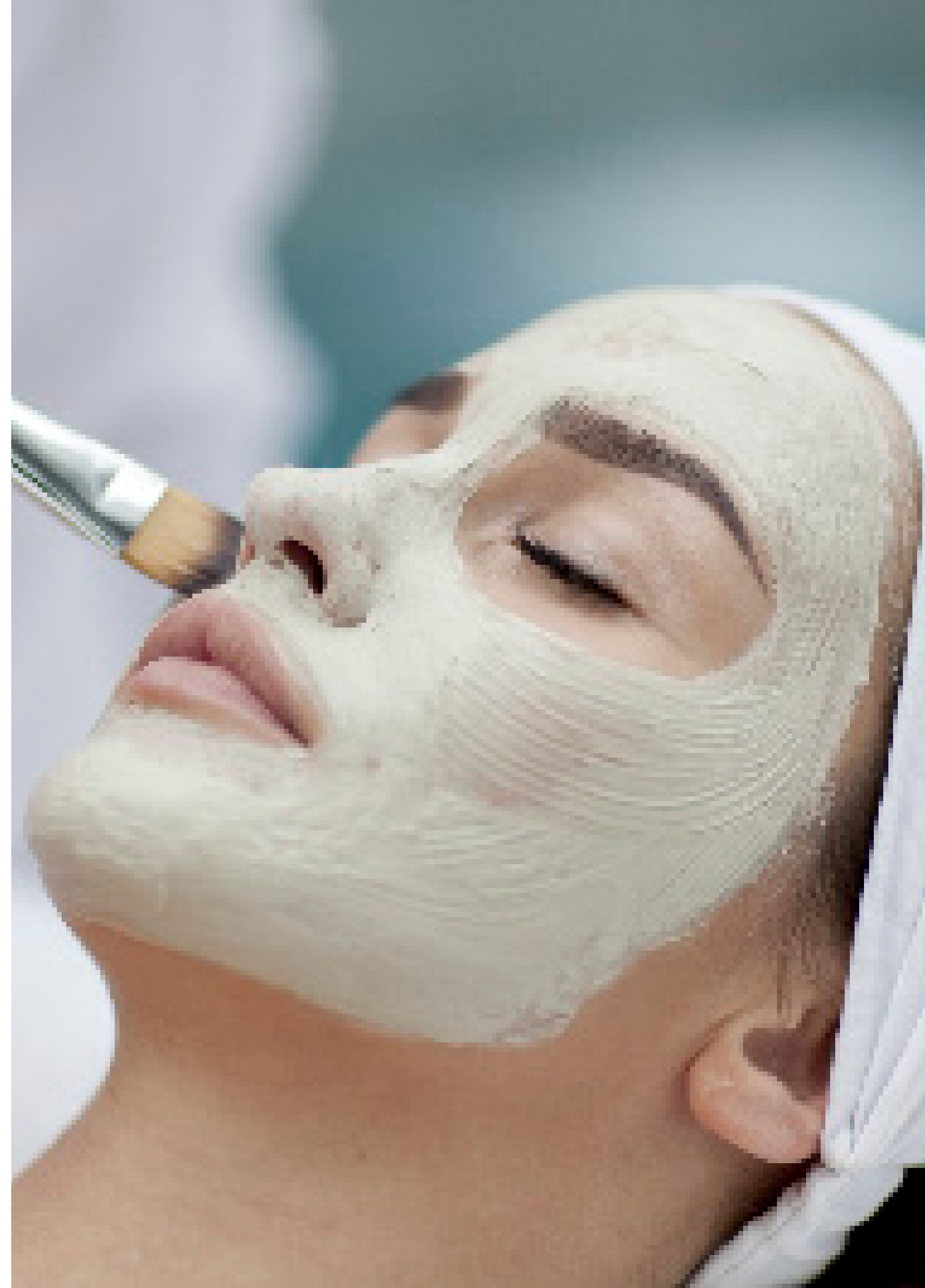
Designed to address and revise skin conditions and return the skin to a healthier functioning state. Leveraging smart peel technology, these treatments support the changes in the skin without inflammation. Combined with plant stem cell technology, you can expect to see great results and brighter, healthier and younger looking skin!

## LIRA HYBRID TREATMENTS | from \$149

The Lira Hybrid Treatments are the perfect way to kick start your journey into skin revision, giving you a corrective treatment to help support change in the skin without downtime. Prescribed by us and suitable for all face and body skin conditions, your treatments will be customised according to our recommendations.

## LIRA CLINICAL FACIAL | from \$129

A Lira Clinical facial is the perfect place to start your skin journey. Whether you are looking to start making some changes in your skin or if you are just looking for a relaxing pick me up, a Lira Clinical facial has you covered. Suitable for all skin types and conditions, your therapist can recommend the appropriate treatment for you.





# MASSAGE

Relax and unwind with our indulgent selection of massage treatments. We use warm coconut oil in all of our massages to treat the skin as well as the muscles.

## BACK NECK & SHOULDERS | \$60 | 30MIN

With all the day to day stresses in life we tend to hold a lot of tension in this area. This massage is tailored to your preferred pressure.

## FULL BODY MASSAGE | \$90 | 1 HR

This massage is tailored to your needs, whether it's relaxation, deep tissue or pregnancy our therapists will specifically design a treatment for you.

## HOT STONE MASSAGE | BACK, NECK AND SHOULDER \$120 FULL BODY \$160

The ultimate in relaxation.

Indulge in the warmth of our hot stones. During this massage our therapist will specifically place the stones on your body as well as using them to massage, the warmth of the stones penetrates deeper than using just hands alone and also warms up the muscles....bliss!!!

## BODY EXFOLIATION | \$120 | 30MIN

Scrub the day away with our pink himalayan salt scrub.

This scrub targets dry skin, stretch marks, scarring, acne, cellulite, eczema & psoriasis. Containing a blend of healing pink himalayan salt with coconut oil, peppermint & lemongrass. Made with natural & Organic ingredients.





# SPA PACKAGES

## REVITALISE & REVIVE | \$289 | 2HR 30MINS

For seriously smooth skin you need Revitalise and Revive!

This package includes a full body exfoliation, full body massage and a signature facial.

## HEAD 2 TOE | \$259 | 3HRS

from head 2 toe this package has you covered.

This package includes full body massage, signature facial and signature spa pedicure.

## PURE INDULGENCE | \$409 | 4HR 30MINS

Pack your bags and come and spend the day With us!!!

This package includes full body exfoliation, full body massage, signature facial, signature spa pedicure and signature spa manicure. Light lunch provided.

## PRINCESS PAMPER | \$110 | 1 HR 30MINS

Pamper your little princess.

This package includes mini facial, mini manicure and mini pedicure.

Available for ages 5-12 and group bookings are available.

# INFRARED SAUNA

The benefits of using an infrared sauna include better sleep, detoxification, weight loss, sore muscle and joint pain relief, clear and tighter skin and improved circulation.

	INFRARED SAUNA	SAUNA For 2	10 PACK
30 MINS	\$30	\$50	\$250
45 MINS	\$40	\$65	\$325
60 MINS	\$50	\$90	\$400





# TATTOO REMOVAL

CONSULTATION | \$50 | 30MINS

Laser Tattoo Removal works by targeting the tattoo with a very specific wavelength of light energy. At Phobe Brooke Skin Clinic + Spa we use Q-Switched lasers, which use PhotoAcoustic energy to gently penetrate the skin and target tattoo ink and are one of the most effective forms of tattoo removal. The light energy from the laser gently vibrates and shatters the tattoo ink into micro-particles that are then eliminated through the body's natural processes. Because the laser tattoo removal treatment delivers the energy in a very precise 'beam', physicians can trace the design without damaging the surrounding skin.

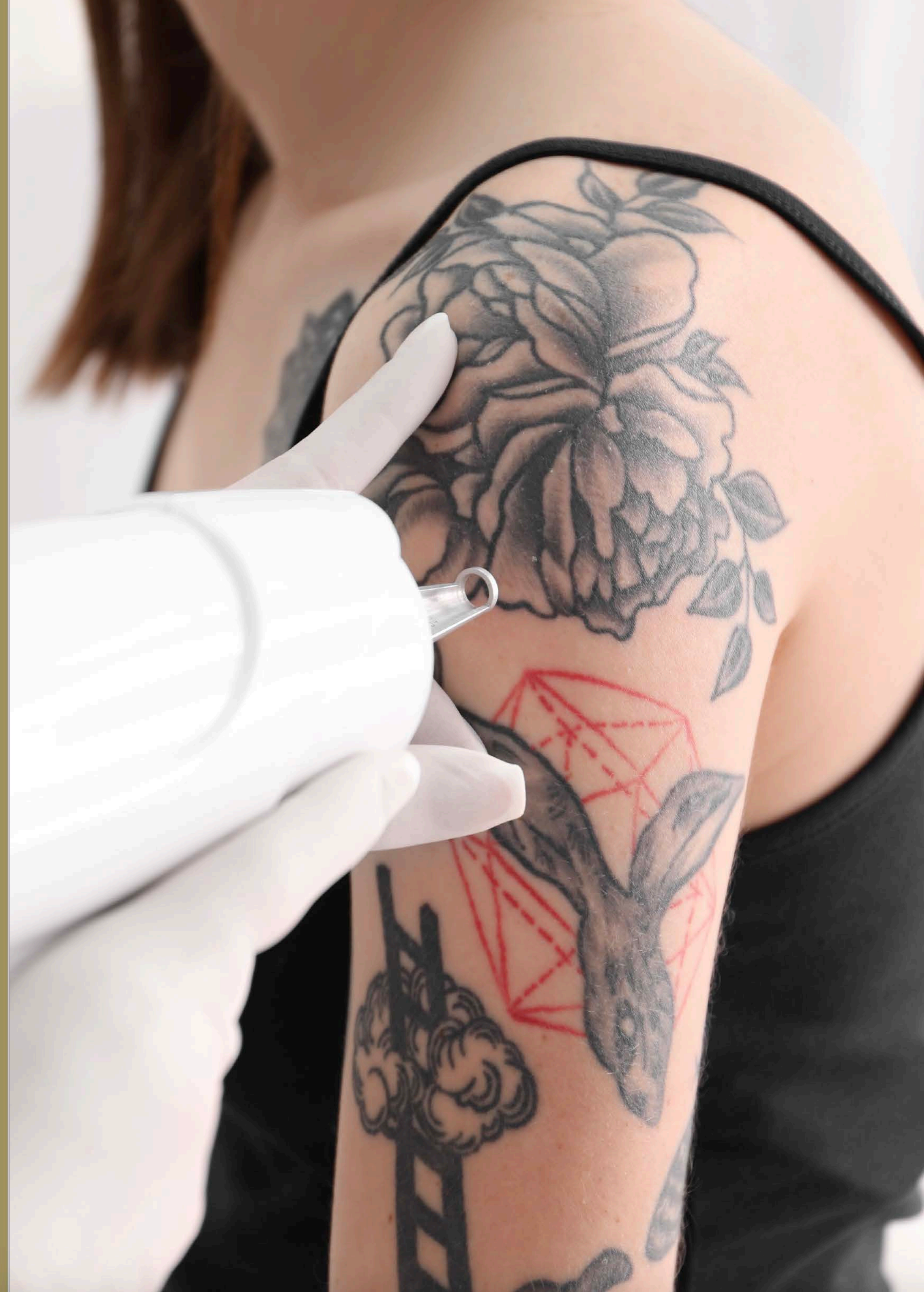
AREA SIZE	1 TREATMENT	6 PACK	8 PACK
2cm x 2cm	\$99	\$495	\$594
4cm x 4cm	\$149	\$745	\$894
8cm x 4cm	\$179	\$895	\$1074
10 cm x 6cm	\$209	\$1045	\$1254
12cm x 8cm	\$239	\$1195	\$1434
15cm x 11cm	\$269	\$1345	\$1614
21cm x 15cm	\$349	\$1745	\$2094
21cm x 20cm	\$419	\$2095	\$2514
21cm x 30cm	\$489	\$2445	\$2934

A consultation and test patch is required before the commencement of any treatment.

# DERMAPEN

NECK \$100 | CHEST \$100 | FULL FACE \$300 | FULL FACE, NECK & DECOLLATE \$450

Dermapen is a revolutionary skin needling technology that stimulates collagen production and new skin cell renewal by making thousands of micro-punctures to the skin. This form of skin rejuvenation smooths away fine lines and wrinkles, improves skin tone and improves the appearance of acne scars. It create smoother, healthier skin.





# MANICURE & PEDICURE

MANI & PEDI ADD ONS | SHELLAC \$15 | REMOVE SHELLAC \$10

COLOUR ME QUICK MANICURE | \$26

Cut, file, buff and polish for a quick pick me up.

SIGNATURE MANICURE | \$55

Includes cut, file, buff, cuticle treatment, removal of dry skin, exfoliation, relaxing massage and polish.

DELUXE MANICURE | \$65

Includes cut, file, buff, cuticle treatment, removal of dry skin, exfoliation, relaxing massage, polish and paraffin wax treatment.

REMOVE SHELLAC AND REAPPLY MANICURE | \$48

Includes shellac removal, cut, file, buff and shellac application.

COLOUR ME QUICK PEDICURE | \$26

Cut, file, buff and polish for a quick pick me up.

SIGNATURE PEDICURE | \$70

Includes cut, file, buff, cuticle treatment, removal of dry skin, exfoliation, relaxing massage and polish.

DELUXE PEDICURE | \$80

Includes cut, file, buff, cuticle treatment, removal of dry skin, exfoliation, relaxing massage, polish and paraffin wax treatment.

REVIVE PEDICURE | \$60

Includes cut, file, buff, removal of dry skin, exfoliation and relaxing massage.

MEDI PEDI | BASIC \$70 | FULL \$95

An advanced paramedical foot treatment that removes and dissolves dry, hardened, cracked or calloused skin. your feet are left baby soft. basic medi pedi includes exfoliation and massage. Full medi pedi includes cut, file, buff, cuticle treatment, exfoliation, relaxing.





# BEAUTY THERAPY

## BROW AND LASH TINTING

Frame your face with a quick tint! Tinting is a great way to add a little colour to your face while giving the illusion of thicker lashes and brows

EYEBROW TINT	\$18
EYELASH TINT	\$25
EYEBROW AND EYELASH TINT	\$35
EYEBROW WAX AND TINT	\$35
EYEBROW WAX AND EYELASH TINT	\$40
EYEBROW SHAPING	\$30
EYEBROW SHAPING AND TINT	\$45
HENNA BROW	\$60

## LASH LIFT | \$80

Lash lift is an advancement on the old fashioned “lash perm”. Unlike the perming rods used in the past, new specially created silicone pads lift the lashes from the root only, creating a subtle, natural looking lift, giving the illusion of length and making the eyes appear more open.

## EYELASH EXTENSIONS | FULL SET \$170 | REFILL \$95

Prolash semi-permanent eyelash extensions give you a thicker, fuller look. With rich black colour, curved and crafted to suit your face that are so soft and light weight you won't even feel them.

Your Prolash stylist will consult with you and discuss your needs and expectations.

Refills recommended every 3 weeks

FULL SET CLASSIC LASHES	\$150
CLASSIC INFILL	\$80
FULL SET VOLUME LASHES	\$170
VOLUME INFILL	\$95
MEGA VOLUME FULL SET LASHES	\$195
MEGA VOLUME INFILL	\$110
LASH REMOVAL FROM	\$25

## TANNING | FULL BODY \$40 | HALF \$25

Get your glow on with a professional spray tan. Ecotan is a certified organic tanning solution that contains natural ingredients such as cacao and flower essences. Enjoy being a bronzed babe all year round without the nasties.

## MAKEUP | \$80 | ADD LASHES \$15

Whether you've got a big night out or an important meeting our makeup artists can create a look to have you feeling fab and confident. We use Youngblood mineral cosmetics, industry leaders in mineral cosmetics, so not only will you look your best but can also rest assured that your skin's best interests are taken care of as well.





# IPL SKIN REJUVENATION

Our IPL skin rejuvenation services strategically address a number of the most common skin concerns with just a handful of treatments.

## ACNE MANAGEMENT

IPL acne management targets acne-prone skin to reduce acne bacteria, breakouts and inflammation for a clearer, more balanced and healthier looking complexion.

## VASCULAR THERAPY

Spider veins, broken capillaries, red spots and rosacea can all be reduced and removed to offer clients an even, more uniform complexion.

## PIGMENT CORRECTION

IPL pigmentation correction effectively fades and removes age spots, sun spots and discolouration to greatly improve overall skin tone, texture and radiance.

## PHOTO REJUVENATION

Reduce the appearance of fine lines and wrinkles, smooth out irregularities and enhance your skins overall luminosity for a revitalised, youthful glow with IPL photo rejuvenation.

## WHAT IS IPL SKIN REJUVENATION?

IPL skin rejuvenation is a light based aesthetic treatment that actively targets and reduces skin irregularities to promote a clearer, younger and healthier complexion.

## HOW DOES IT WORK?

IPL works by applying rapid light pulses of variable wavelengths to the treatment area. The light is absorbed by the targeted chromophores (such as melanin in pigment or freckles.) This light is then converted into heat energy which destroys the targeted area through controlled thermal damage, while ensuring healthy tissue remains untouched.

## HOW MANY TREATMENTS WILL I NEED?

This will vary depending on the severity of your skin concerns. Some may require a single treatment, while others will require ongoing treatments to achieve best possible results. Your therapist will discuss the expected number of treatments, along with expected results during your consultation.

## IS THERE ANY DOWNTIME AFTER TREATMENT?

No. Unlike other skin corrective treatments, IPL skin rejuvenation requires no downtime so you are free to get on with your day as usual. Some temporary redness may occur, but this will pass soon enough. We will advise you on the necessary post-treatment care to follow during your session.

## ARE RESULTS LONG LASTING?

Most clients enjoy long-lasting results following their IPL skin rejuvenation program. To ensure optimal skin health and clarity for the long run, a maintenance treatment can be performed if necessary.

# IPL SKIN REJUVENATION

## IPL PHOTO REJUVENATION | PIGMENTATION | VASCULAR

SPOT REMOVAL (\$5 PER SPOT THEREAFTER)	\$49
FOREHEAD	\$99
CHEEKS	\$129
NOSE	\$69
CHIN	\$99
FULL FACE	\$299
DECOLLETAGE	\$329
UPPER OR LOWER BACK	\$299
LOWER ARMS	\$179
LOWER ARMS (INC HANDS)	\$258
FULL ARMS {INC HANDS}	\$308
HANDS	\$149

## IPL ACNE TREATMENT

SPOT REMOVAL (\$5 PER SPOT THEREAFTER)	\$39
FOREHEAD	\$59
CHEEKS	\$49
NOSE	\$29
CHIN	\$39
FULL FACE	\$169





# IPL PERMANENT HAIR REMOVAL

## HOW DOES IPL WORK?

IPL stands for Intense Pulsed Light. It is a non-invasive light based technology used to permanently remove unwanted hair.

Our fully trained therapists will apply a specially designed hand piece to your skin and generate an intense pulse of light which will be absorbed by the hair follicle, disrupting the hair and preventing it from growing back. The light from the hand piece is delivered at high intensity during a very short period of time. It is this rapid discharge of light that provides the high energy levels required for an effective IPL treatment.

## IS IPL SUITABLE FOR ME?

Treatments are suitable for a wide range of skin types and hair colours. Your therapist will discuss you expected results during your consultation.

## HOW MANY TREATMENTS WILL I NEED?

This depends on your individual hair type. Most clients require 6-10 sessions to receive optimum results though hair will reduce and become finer with each treatment. For some, maintenance treatments will be required to achieve a lifetime of smooth skin. This will depend on a range of factors which your therapist will discuss during your consultation.

## HOW LONG DO I HAVE TO WAIT BETWEEN TREATMENTS?

Treatments must be conducted at regular intervals.

Generally, 4-6 weeks between treatments are recommended, depending on the area being treated.

## WHAT CAN I EXPECT AFTER MY IPL SESSIONS?

Facial hair will take 7-10 days to fall out while body hair may take 2-3 weeks. Individual results will depend on your skin type, hair coarseness and natural growth cycle. Your therapist will be able to provide more information on what to expect based on your own individual situation during your consultation.



# IPL HAIR REMOVAL

PURCHASE A PACK OF 6 & RECEIVE 2 FREE

FEMALE	SINGLE SESSION PAY AS YOU GO	PACKAGE PRICE
UPPER LIP	\$35	\$210
CHIN NECK	\$40	\$240
SIDES OF FACE	\$45	\$270
LIP & CHIN	\$55	\$330
LIP, CHIN & SIDES OF FACE	\$50	\$300
UNDERARM	\$65	\$390
BASIC BIKINI	\$60	\$360
G- STRING BIKINI	\$75	\$450
BRAZILLIAN	\$95	\$570
FULL ARM	\$185	\$1110
HALF LEG	\$165	\$990
FULL LEG	\$235	\$1410
TUMMY STRIP	\$50	\$300

MALE	SINGLE SESSION PAY AS YOU GO	PACKAGE PRICE
CHEST	\$135	\$810
STOMACH	\$135	\$810
CHEST & STOMACH	\$200	\$1200
FULL BACK	\$240	\$1400
FULL LEG	\$250	\$1500
FULL ARM	\$205	\$1230
SHOULDERS	\$90	\$540





## WAXING

### FEMALE

NOSE	\$15
UPPER LIP	\$18
CHIN	\$20
EYEBROW	\$25
SIDES OF FACE	\$30
UNDERARM	\$23
STOMACH	\$25
BASIC BIKINI	\$30
HALF LEG	\$30
FOREARM	\$25
EYEBROWS AND LIP	\$35
FULL ARM	\$35
3/4 LEG	\$40
LIP, CHIN AND SIDE	\$40
G-STRING BIKINI	\$45
FULL LEG	\$50
FULL FACE	\$55
LADIES BRAZILLIAN	\$60

### MALE

MIDDLE BROW	\$10
NOSE	\$15
EAR	\$15
NECK	\$15
EYEBROW	\$25
SHOULDER	\$20
CHEST	\$40
FULL ARM	\$40
STOMACH	\$35
BACK	\$45
FULL LEG	\$60
CHEST AND STOMACH	\$60





# HYDRO SPA

Relax and detox the body & mind in our state of the art multi sensory spa capsule.

The Dermalife spa jet capsule allows us to offer you ancient known treatments to the modern world problems and illnesses. The variety of the capsule features makes it possible to provide each of our clients individualised care, taking into account your wishes and personal preferences.

A distinctive feature is the Hydro-fusion therapy, which is represented by a combination of hydrotherapy techniques, such as steam, fog, spa therapy (Vichy shower with a radius of 360°), underwater massage and hypothermia – due to vaporization of infrared radiation. Dermalife capsule significantly increases the effectiveness of any skin care products.

Gives Excellent results in weight regulation, anti-cellulite, and lymphatic drainage. Integrated therapy significantly increases the effectiveness of any beauty treatments such as the effectiveness of masks, body wraps.

\$50 PER 30 MINUTES FOR USE OF HYDRO SPA  
(\$45 WITH PURCHASE OF ANY OTHER SPA TREATMENT)

## HYDRO-FUSION

Hydro-fusion is an exceptional technological breakthrough that creates a single blended energy from infrared heat and steam.

Hydro-fusion optimizes skin cleansing and detoxification, resulting in more balanced, hydrated skin and increased nutrient absorption from skin care products.

The secret behind Hydro-fusion: infrared heats the body causing the skin to perspire. The moisture cannot vaporize in the moist steam environment, thus forming a protective layer on the body surface. This condensation layer is absorbed back into the skin, increasing oxygen supply to the bloodstream and tissues leaving skin soft, supple and rejuvenated.

## STEAM

- deeply hydrates the skin
- Facilitates detoxification
- Facilitates product absorption

## INFRARED

Our Spa-Jet features comforting infrared heat that is the same frequency level as our own body heat. The infrared waves are invisible to the eye and penetrate deep into skin layers, creating 2-3 times more perspiration at lower temperatures than hot air.

## INFRARED GENERAL EFFECTS

- Increases blood and lymphatic circulations
- Increases metabolism
- Facilitates cellulite reduction programs
- Soothes muscle aches and pains
- Facilitates detoxification

## WATER SYSTEM

Built Vichy shower is equipped with 10 Vichy shower jets from the exceptional 360-degree water system. An important element of the system is a thermostat-regulated mixer that allows you to manually install and maintain a comfortable water temperature. Built Vichy shower can be used as one of the procedures during the spa care, and independently, which significantly extends the capabilities of the capsule as a basic element of the wellness center or spa salon.

## TROPICAL RAIN

Two mist diffusers provide complete, even dispersal of liquid Oxygen-magnesium- vitamins or other ingredients that sprayed in the capsule as mist. The envelope of minerals will nourish clients' skin as they savor the pampering treatment.

## HOT/COLD WATER PROGRAMS

Sebastian Kneipp, the infamous inventor and passionate hydrotherapy pioneer, promoted and taught hot and cold water use known as the Scottish shower. Benefits of this innovative water program included improved blood circulation, skin and body detoxification, as well as soothing and invigorating the body. These procedures have become a favorite hydrotherapy choice at many exclusive and high-end spas.

Spa-Jet programs transform this simple hydrotherapy experience into an exhilarating, sophisticated indulgence. Combine the alternating hot and cold water program with body wraps or other skin care products to stimulate, invigorate and soothe clients with various ailments such as rheumatism, arthritis, or accelerating injury healing.

## VIBRATORY MASSAGE

The ergonomically designed bed features a patented vibratory system with adjustable rhythms. Vibration can be delicate or intense for relaxing or stimulating programs. Vibratory massage provides muscle relaxation, relief of minor aches and pains, and improves local blood circulation.

## AROMATHERAPY

Spa-Jets herbal aromatherapy ensures optimal, deep relaxation while stimulating the sense of smell and herbal extract absorption into the skin. Soothing essential oils and herbs can be combined for a unique, customized experience.

## CHROMOTHERAPY

Our Spa- Jet uses Color Bath digital lighting technology (LED). These strategically placed Chromotherapy LED blanket the whole body in atmospheric colored light. The Chromotherapy generates a rich variety of mood-enhancing programs, leaving patients in a state of harmony and balance.





## OUR PARTNERS

# DMK

Danné Montague-King®

### DMK

DMK believes that the origin of most skin conditions is a result of disharmony within the skin. Using the principles of biochemistry, DMK has formulated a range of treatments and products designed to educate skin to perform like youthful healthy skin. By matching formulations with the body's chemistry, the skin is encouraged to respond in a positive manner. DMK's revolutionary concept of REMOVE, REBUILD, PROTECT, MAINTAIN aims to match an individual's biochemistry with the appropriate skin therapy. Botanical-based paramedical products make up the DMK skin care program.

### REMOVE

Remove the dead skin cell build-up, which leads to the appearance of dry skin, fine lines, congested skin or skin discoloration. DMK uses enzymatic hydrolysis, a treatment that transforms dead cell material into a weak acid and flushes it away, bringing new skin cells to the surface.

### REBUILD

Rebuild skin by encouraging the skin's vital internal processes to function optimally, enabling cells to stay alive longer and perform at their highest potential, creating healthier, younger looking skin. DMK oils, serums, spritzes and crèmes work directly on the skin cells with DMK's unique 'direct delivery'. These are designed to provide natural skin tone and moisture.

### PROTECT

Protect the skin from the sun, free radicals, glycation and other environmental factors that lead to premature ageing using potent natural antioxidants.

### MAINTAIN

Maintain beautiful skin with DMK Home Prescriptives which work to prolong the results achieved by DMK Professional Treatments. The DMK concept provides clients with lifelong skin management programs to incorporate into their daily lives.

We use DMK in all of our paramedical treatments.

**YOUNGBLOOD®**  
MINERAL COSMETICS

### YOUNGBLOOD COSMETICS

Of course, all mineral cosmetics are not created equal. Pauline Youngblood Soli, a pioneer in the industry, developed her first products in a medical setting, specifically for patients recovering from harsh medical procedures, such as laser or chemical peels, surgeries, and even cancer treatments. Her patients experienced such dramatic success that they continued using her formula long after their skin had healed, and urged her to make it commercially available.



Today, Youngblood is the premier mineral cosmetic line available, because of the luxury formulation, ideal milling process, and chic, upscale image and packaging. From the first moment you brush it on, you'll notice the incredibly silky feel, and a polished, natural finish, unlike any other makeup you've ever tried. Clean and lightweight, it allows your skin to breathe and is non-comedogenic (it won't block pores or cause irritation). Even with our flawless coverage, you'll feel like you're wearing no makeup at all. And unlike other mineral cosmetics, Youngblood never looks "glittery"; instead you'll radiate a natural, healthy glow. It's no wonder Youngblood has emerged as the clear standard, used in upscale skin care clinics and med-spas around the world.

Youngblood products are incredibly easy to use, long-lasting, and stand up to heat, humidity, and perspiration, no matter how active your lifestyle. Whether you're at the office or at the gym, our makeup is as high-performance as you are.

Youngblood is perfect for all ages and skin types - even for women with sensitive or problem skin. And Youngblood offers a comprehensive set of the most realistic, natural-looking shades, for women all around the world. But don't take our word for it. Try Youngblood today and feel the difference for yourself.



## ECO TAN

**Twelve years ago, Sonya Driver was a wife, a mother and a sister. She had the world at her feet and a great sense of self worth. She had just bought a beachside block of land with her husband to build their dream house and left her job as an international flight attendant to be a full time mother. Sonya's world was turned upside down when her husband called and said the marriage was over. She was suddenly abandoned, unemployed and living in a run- down house. Sonya was left to raise her girls alone. To add to a dire situation, her gentle- spirited sister was diagnosed with a melanoma. In an attempt to lift her faith and be a strong, positive influence over her fragile sister, Sonya began a new life.**

She got up from the ground and spent two weeks volunteering in East Timor, where she fed hungry children and comforted the sick. She shampooed the hair of women who had never before had their hair washed. After two weeks living in a desolate village with little food or water, Sonya was distracted from her grim situation at home. Surrounded by people who had nothing, she was able to put her situation in perspective.

Sonya returned to the Gold Coast determined to make a positive change and support her sister, whose cancerous growth had been cut from her arm, leaving a horrible scar.

Still wanting to get a tan without the risk of harmful UV rays, they sought the next best thing. Sonya and her sister began getting regular spray tans together but soon became concerned about the ingredients they were constantly covering themselves with. Sonya began to research the ingredients used by many different brands, regardless of their claims. She says it only took her a few minutes to decide not to use their products anymore. After all, our skin is our largest organ, and anything we put on it is absorbed into our bloodstream. Sonya threw herself into making a true organic tanning range made from chocolate, flower essence, chamomile and all things natural and organic.

In 2011, Eco Tan made Australian history by becoming the first and only tanning manufacturer to be certified organic by the Organic Food Chain under the Australian government.

Since then Sonya has expanded her range and now offers an ever growing popular product range, all certified organic.

Phobe Brooke

skin clinic + spa

DMK

Danné Montague-King®



# IPL HAIR REMOVAL

PURCHASE A PACK OF 6 & RECEIVE 2 FREE

FEMALE	SINGLE SESSION PAY AS YOU GO	PACKAGE PRICE
UPPER LIP	\$35	\$210
CHIN NECK	\$40	\$240
SIDES OF FACE	\$45	\$270
LIP & CHIN	\$55	\$330
LIP, CHIN & SIDES OF FACE	\$50	\$300
UNDERARM	\$65	\$390
BASIC BIKINI	\$60	\$360
G- STRING BIKINI	\$75	\$450
BRAZILLIAN	\$95	\$570
FULL ARM	\$185	\$1110
HALF LEG	\$165	\$990
FULL LEG	\$235	\$1410
TUMMY STRIP	\$50	\$300

MALE	SINGLE SESSION PAY AS YOU GO	PACKAGE PRICE
CHEST	\$135	\$810
STOMACH	\$135	\$810
CHEST & STOMACH	\$200	\$1200
FULL BACK	\$240	\$1400
FULL LEG	\$250	\$1500
FULL ARM	\$205	\$1230
SHOULDERS	\$90	\$540

